

**Institute of Social & Cultural Studies  
Faculty of Behavioral & Social Sciences  
University of the Punjab, Lahore  
Course Outline**



<b>Programme</b>	BS Demography	<b>Course Code</b>	DEM304	<b>Credit Hours</b>	3
<b>Course Title</b>	Analysis of Population Policies				

**Course objectives:**

By the end of this course, a student will be able to:

- have overview of Pakistan's population policy and programs;
- learn how the Government interventions in the form of policies and programmes can affect population trends;
- understand the history and evolution of population policies in Pakistan; and
- have the knowledge of the frameworks to evaluate population policies.

**Contents:**

1. Population and Development: An Overview
2. Population policies: A Global Perspective
3. Population policy and Social Sectors
4. Population policy of Pakistan: A historical overview
5. Fertility trends in Pakistan
6. Family planning services: Challenges and Opportunities
7. Family planning services: Public and Private sector
8. Role of International Organizations

**Teaching-Learning Strategies:**

Teaching will be a combination of class lectures, class discussions, and group work. Short videos/films will be shown on occasion.

### **Assignments:**

The sessional work will be a combination of written assignments, class quizzes, presentations, and class participation/attendance.

### **Assessments and Examination:**

Sessional Work: 25 marks

Midterm Exam: 35 marks

Final Exam: 40 marks

### **Recommended Books:**

- 1 Punjab Population Policy. (2017). Population welfare Department, Government of the Punjab.
- 2 May. J.F. (2012). World population policies Their Origin, Evolution and Impact. Springer. New York.
- 3 World Population Policies. (2008). Department of Economic and Social Affairs. United Nations.